

**Amendments to the Abstract of the Disclosure:**

Please substitute the following amended Abstract as follows:

ABSTRACT

A ~~stop~~ method for fixedly positioning commercial kitchen equipment is provided. ~~The~~ A ramped stop comprises a body having an upstanding front ramp portion having opposing forwardly and rearwardly sloping surfaces for the passage of a wheel therealong, a rear ramp portion extending rearwardly from the rearwardly sloping surface. The rear ramp portion being of a height at least as great as the front ramp portion. A wheel receiving portion positioned between the front ramp portion and the rear ramp portion and interconnecting the front and rear ramp portions. Lateral wheel support elements attached to the body of the stop on the bottom floor of the stop and extending the length of the stop. A plurality of securing holes in the bottom floor of the stop.